

BURNOUT PREVENT

START-UP PRESENTATION

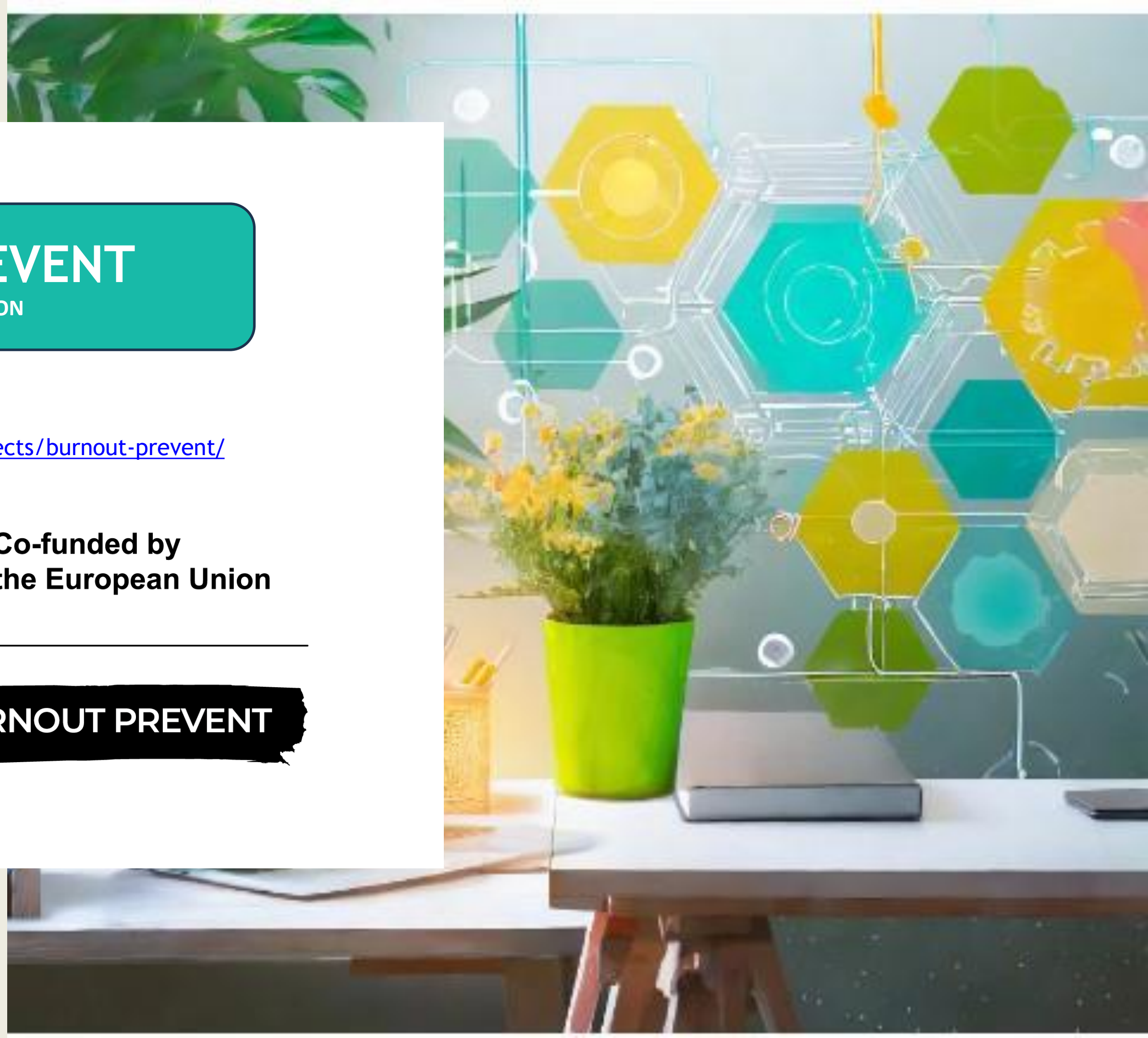
<https://www.interreg-central.eu/projects/burnout-prevent/>

Interreg
CENTRAL EUROPE



Co-funded by
the European Union

BURNOUT PREVENT



BURNOUT PREVENT- WHY ?

BURNOUT PREVENT



1 - Specific problem



WORK-RELATED STRESS, ANXIETY & BURNOUT
HAVE INCREASED SEVERLY AMONG EMPLOYEES IN PAST
YEARS, CAUSING **NEGATIVE IMPACTS** ON SMES'
INNOVATIVENESS CAPACITY & PRODUCTIVITY
&
CONTRIBUTING TO **HIGH RATES OF EMPLOYEE**
FLUCTUATION IN CE AREA.

BURNOUT PREVENT- HOW ?

BURNOUT PREVENT



2 - Solution



THE PROJECT WILL PROVIDE **KNOWLEDGE, INNOVATIVE SKILLS AND SERVICE SOLUTIONS TO MANAGERS AND EMPLOYEES** HOW TO IMPLEMENT **BURNOUT PREVENTIVE MEASURES IN AND OUTSIDE WORK**. THE PARTNERS WILL TEST THE SOLUTIONS IN 3 SMART SPECIALISATION SECTORS: INDUSTRY 4.0, SMART HEALTH AND SUSTAINABLE FOOD.

BURNOUT PREVENT- VISION

BURNOUT PREVENT



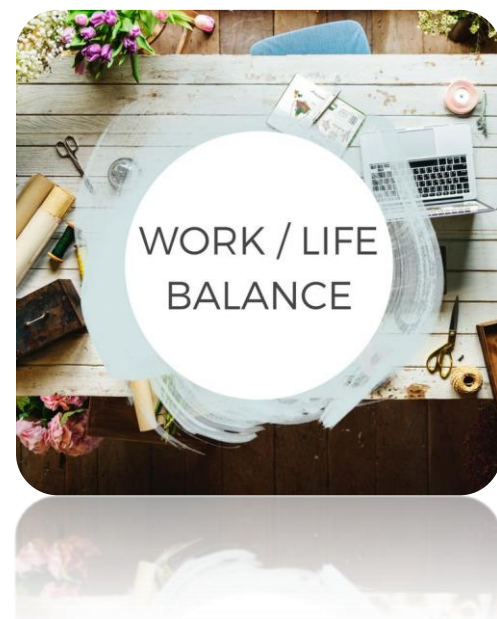
3 - Change



THE PROJECT will enhance the level of **burnout resilience** in **SMEs** by improving **working conditions, organizational cultures, and leadership practices** and provide solutions to tackle **digital stress in employees' spare time**.

BURNOUT PREVENT- FOR WHO ?

BURNOUT PREVENT



4 - Transferability



THE RESULTS CAN BE USED **BY SMES & EMPLOYEES**
INTERESTED IN IMPROVING THEIR **BURNOUT RESILIENCE**
AND ALSO TO **RESEARCH AND PUBLIC INSTITUTIONS**
WORKING IN THE FIELD OF **MENTAL HEALTH IN THE**
WORKPLACE.

BURNOUT PREVENT- ABOUT US

Interreg
CENTRAL EUROPE



Co-funded by
the European Union

BURNOUT PREVENT



1. **E-INSTITUTE**, Institute for comprehensive development solutions, **LEAD PARTNER, SI**
2. **NOFER** Institute of Occupational Medicine, PL
3. **Comenius University Bratislava**, SK
4. **SBA-Slovak Business Agency**, SK
5. **Budapest Chamber of Commerce and Industry**, HU
6. **Padova Chamber of Commerce, Industry, Crafts and Agriculture**, IT
7. **Chamber of Commerce and Industry of Slovenia - Chamber of Agricultural and Food Enterprises**
8. **Croatian Chamber of Economy**, CRO
9. **Mazovia Development Agency Plc**, PL
10. **Bwcon**, DE
11. **National Center for Public Health and Pharmacy**, HU
12. **Croatian Institute of Public Health**, CRO