

OUTPUT FACTSHEET

Project index number	CE0100187	Acronym	PRO.active CARE F.or U.sers L.ife
Output type ("x" to be included)	Strategy/ action plan	X	Pilot action Solution
Output number (O.xx)	1.1	Output title	Action plan for PROCAREFUL Model implementation
If the output target is > 1 in the AF, please specify the output(s) described in the factsheet			
Output delivery date	30/08/2024		
Project website	www.interreg-central.eu/projects/procareful/		

Summary description of the output

Please present the output by addressing the following topics.

Territorial challenges and needs in the regions specifically addressed by the output

(max. 700 characters)

The territorial challenges and needs addressed by the output include the high demand for health services in urban and rural areas due to an aging population, particularly in Central Europe (CE), where a significant portion of older adults live alone. The project targets the "opportunity window" in the longevity process to prevent chronic diseases and cognitive decline through early detection and personalized interventions. It also tackles the lack of innovation capacity among home care providers, aiming to digitally transform home care services, thus enhancing accessibility and improving quality of life for older adults.

Main aim(s) of the output and how it contributes to tackle the identified challenge(s)

(max. 500 characters)

The main aim of the output is to provide a standardized framework through implementation guidelines for the PROCAREFUL hybrid model in home care environments. The action plan ensures a cohesive and adaptable approach, covering aspects from pilot preparation to sustainability. By offering practical instructions and promoting ongoing learning, the output directly contributes to overcoming challenges in implementing innovative home care solutions and improving care quality and efficiency.

Technical description of the output (e.g. scope, main features, innovative elements etc.)

(max. 1500 characters)

O.1.1 is an action plan for implementing the PROCAREFUL model, building on deliverable D1.4.1 and building upon research on existing proactive and e-care solutions as well as contextual adaptation to the hybrid care model. The output is designed to integrate proactive, preventive solutions into home care settings. It provides detailed guidelines for pilot teams, ensuring they can adapt the model to local contexts, regulations, and beneficiary needs. The plan covers three main phases: Preparatory Phase: This includes a pre-implementation assessment, co-design phase, and considerations of technical, ethical, legal, and organizational dimensions. It addresses the non-technical aspects of the model and sets goals for implementation, focusing on the needs of high-risk citizens. Implementation Phase: This outlines the framework for deploying the model, including communication strategies, monitoring, troubleshooting, and continuous training. It also drafts an evaluation framework to assess the effectiveness of the implementation. Post-Implementation Phase: This focuses on celebrating achievements, planning next steps, and defining care and digital competencies that need to be upskilled. It also includes the creation of a value proposition to ensure the model's sustainability within national and regional welfare systems. Innovative elements include the integration of digital solutions to connect users, services, and caregivers remotely, the focus on upskilling care providers, and the dynamic nature of the plan, which allows for ongoing refinement and adaptation. The action plan is designed to be scalable, adaptable, and sustainable, ensuring that the PROCAREFUL model can be effectively implemented across various home care environments.

Involvement of target groups during output development and/or implementation

(max. 700 characters)

During the research and co-design phase of platform and model development (results described in D1.4.1 and D1.4.2), input was gathered from five target groups: people aged 55 and over, informal carers, formal carers, managers and policymakers, and the third sector. Engaging these stakeholders at local and regional levels ensured that the PROCAREFUL hybrid home care model and ICT platform were tailored to end-users' needs and integrated into existing workflows. Stakeholders continued to be involved throughout the testing and pre-implementation phases, ensuring their ongoing contribution to the development and execution of the output.

Cooperation dimension of the output, i.e. joint development within the partnership and, if applicable, joint implementation (see output indicator definitions in chapter 1.3.3 and Annex 2 of the programme manual)

(max. 700 characters)

The output was developed through extensive cooperation within the consortium. IAT led the process, coordinating efforts across partners and preparing the main action plan for the PROCAREFUL model implementation (D.1.4.1). Britenet, with the support of all partners, produced the methodology for adapting local ICT solutions (D.1.4.2). MGFU, in collaboration with all partners, delivered the network of cooperating organizations (D.1.4.3). OIC led the research phase, and ISRAA guided the co-design phase. All partners contributed also by testing preparatory phase, with their work included as annexes to the output.

Results - expected change and lasting effects in the territories generated specifically by the output, its uptake by relevant organisations and benefits for target groups

(max. 1000 characters)

Since Output 1.1 is an action plan for model implementation, the main outcome is enabling pilot site teams to test the PROCAREFUL model and create positive changes for participants. PROCAREFUL aims to transform home care for those aged 55+ by promoting prevention, a proactive approach, and integrating advanced technology with personalized care. Key outcomes include: 1. Enhanced Accessibility and Quality of Care: The platform ensures seniors receive personalized care regardless of location, with tools for home care services and carers designed to improve service delivery. 2. Improved Health Outcomes: By focusing on prevention and proactive care, the model aims to improve or maintain the health of older participants through engaging preventive activities. 3. User-Centric Design: Intuitive interfaces and tools cater to seniors, carers, and home care services for effective care management. 4. Collaborative Network: A regional stakeholder network supports implementation and sustainability across CE. 5. Sustainable Impact: The model is adaptable and resilient, addressing current and future needs. Overall, PROCAREFUL enhances home care access and quality with lasting benefits.

Ownership and durability of the output after the project end, considering financial and institutional support including, if applicable, maintenance

(max. 700 characters)

The action plan for the PROCAREFUL model, developed by all consortium partners and available as an open-access document, ensures lasting impact beyond the project's end. This guide provides standardized implementation guidelines for the hybrid home care model, adaptable to various local settings and similar environments. As a novel dual-approach model, it also serves as a valuable resource for future research and development. The document does not require additional financial or institutional support beyond the distribution efforts of project partners.

Transferability of the output to other territories, sectors or target groups and planned measures for supporting such transfer

(max. 700 characters)

To ensure effective transferability of the output, a comprehensive plan for the dissemination and uptake of the PROCAREFUL model in the CE area has been prepared as part of D 2.1.3 and will be implemented by all partners. This plan outlines procedures and organizational roles for users, carers, and home care providers, facilitating the adoption of the model. Each partner will leverage their national and international networks to promote and support the model’s transfer to other territories, sectors, and target groups, maximising outreach and impact.

Related final deliverable(s) (Number(s) and title(s) to be included)	D 1.4.1. Action plan for Procareful model implementation
Output web link (if applicable)	
GPS coordinates (if applicable)	