

DO-IT-YOURSELF GUIDE TO

GREEN UP

COOL DOWN

YOUR HOME





“

**THE FUTURE WILL EITHER BE
GREEN OR NOT AT ALL**



Content

Benefits of green spaces

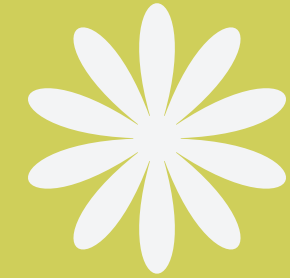
Step by step process

Handy Checklists

HAVE YOU ALREADY RECOGNIZED THE **FREE SERVICES** OF THE PLANTS ALL AROUND YOU?

If you want to make the most of these services,

this guide is for you!



For details, **click** on the service that you are interested in:

[Microclimate regulation](#)

[Air cleaning](#)

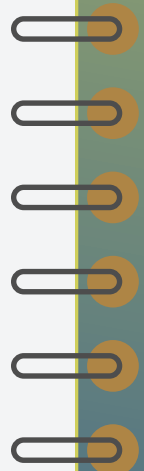
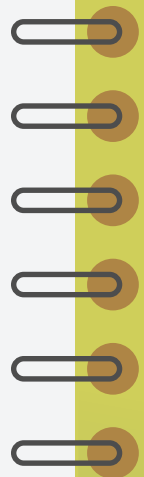
[Inspiration: quotes, poems](#)

[Healing by herbs](#)

[Decrease stress and its physical symptoms](#)

[Food Production](#)

[Increase the value of your real-estate](#)



QUANTITY DOESN'T MATTER!



You have several possibilities either in your garden or on your balcony, **find out the best option for you.**

If you think you don't have space at all for plants, **check out this video:**



HOW TO CREATE NICE BALCONIES?

Check these resources below on creating beautiful balconies



How to create perfect balcony garden?



Creating a Balcony Garden



28 Essential Tips



DIY Pallet Herb Garden



WHETHER YOU ENJOY GARDENING TO GROW VEGETABLES OR SIMPLY SITTING
OUT TO RELAX, LET'S MAKE IT HAPPEN!
HERE ARE SOME IDEAS FOR INSPIRATION:



RECOMMENDATIONS

To support greenery in the garden and on the street:



Leave space for greenery and for the water



Use permeable pavements



Develop and maintain a trench and/or a small-scale raingarden to have more surfaces for infiltration of water



Support the greenfield-maintenance of the public spaces – cooperate with the department for city-maintenance of your municipality

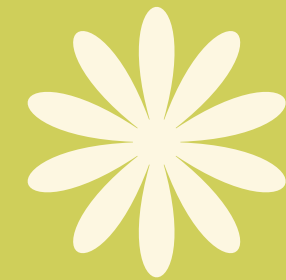


SOME TO DOS

For an easier and cheaper maintenance, **compost** biodegradable materials of your household and **collect rainwater** to get nutrients and water for your plants.

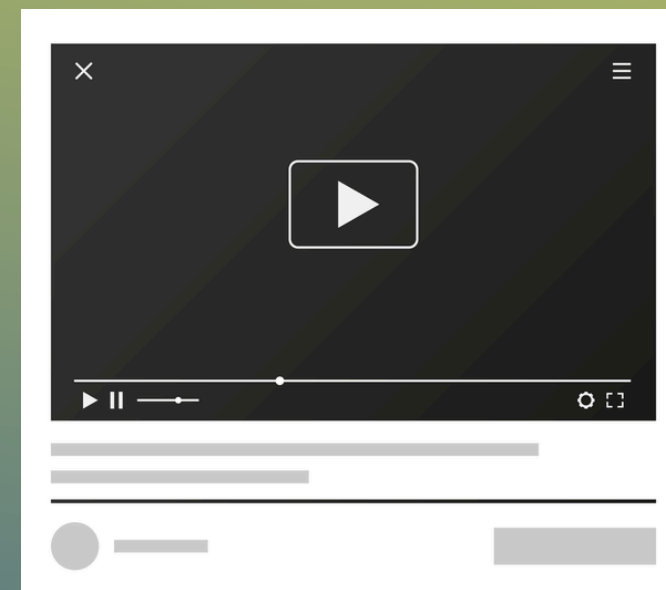
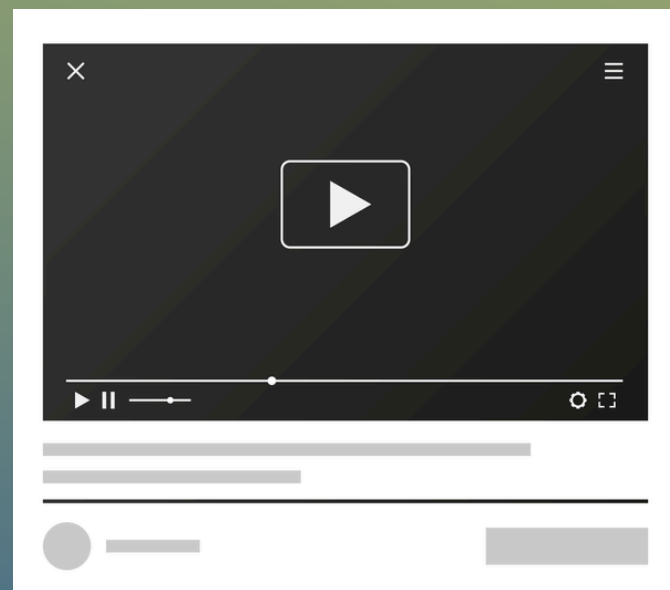


Check out these videos below!



Guide to Composting

Rainwater Collection



DIVERSITY ABOVE ALL!

Diversity will ensure the resiliency of your garden against climatic stresses, pests and pathogens. **Tips** from Missouri Botanical Garden to raise biodiversity in your garden:



Have some
water (a pond)

Have plants
flowering
throughout the
vegetation period

Compost

Be messy



Avoid
pesticides and
other chemicals



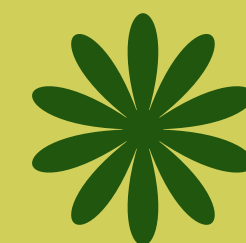
DID YOU GET INTO THE SPIRIT?



Check the how-to-do videos of 'one_more_farmer' project by clicking on the icons below and start greening your whole neighbourhood/city!



Organise a community and ask for space for a community garden or a pocket park from your municipality promising to maintain and take care of it!



ON THE BUILDING: GREEN ROOFS AND WALLS



To get the best solution, consult an expert (e.g. association for green walls and/or roofs)



ADDITIONAL VIDEOS AND ARTICLES



Start a vertical Farm



10 Organic Ways to Control Pests



Gardening know-how



Medicinal Herb Gardening



Adding biodiversity to your garden



Natural health of the garden



USEFUL LINKS



<https://www.gardeningknowhow.com/>

<https://chestnutherbs.com/medicinal-herb-gardening-for-beginners/>

<https://www.interreg-central.eu/projects/greenscape-ce/?tab=outputs>



CHECKLIST



For (future) biodiverse gardeners

 Do you have some open space for grass/lawn

Yes

No

 Your lawn contains at least 3 species

Yes

No

 Do you have at least 3 different types of tree

Yes

No

 Do you have at least 3 different types of shrub

Yes

No

 Do you have a woodpile, some rotting log or an insect hotel

Yes

No

 Do you have a little pond

Yes

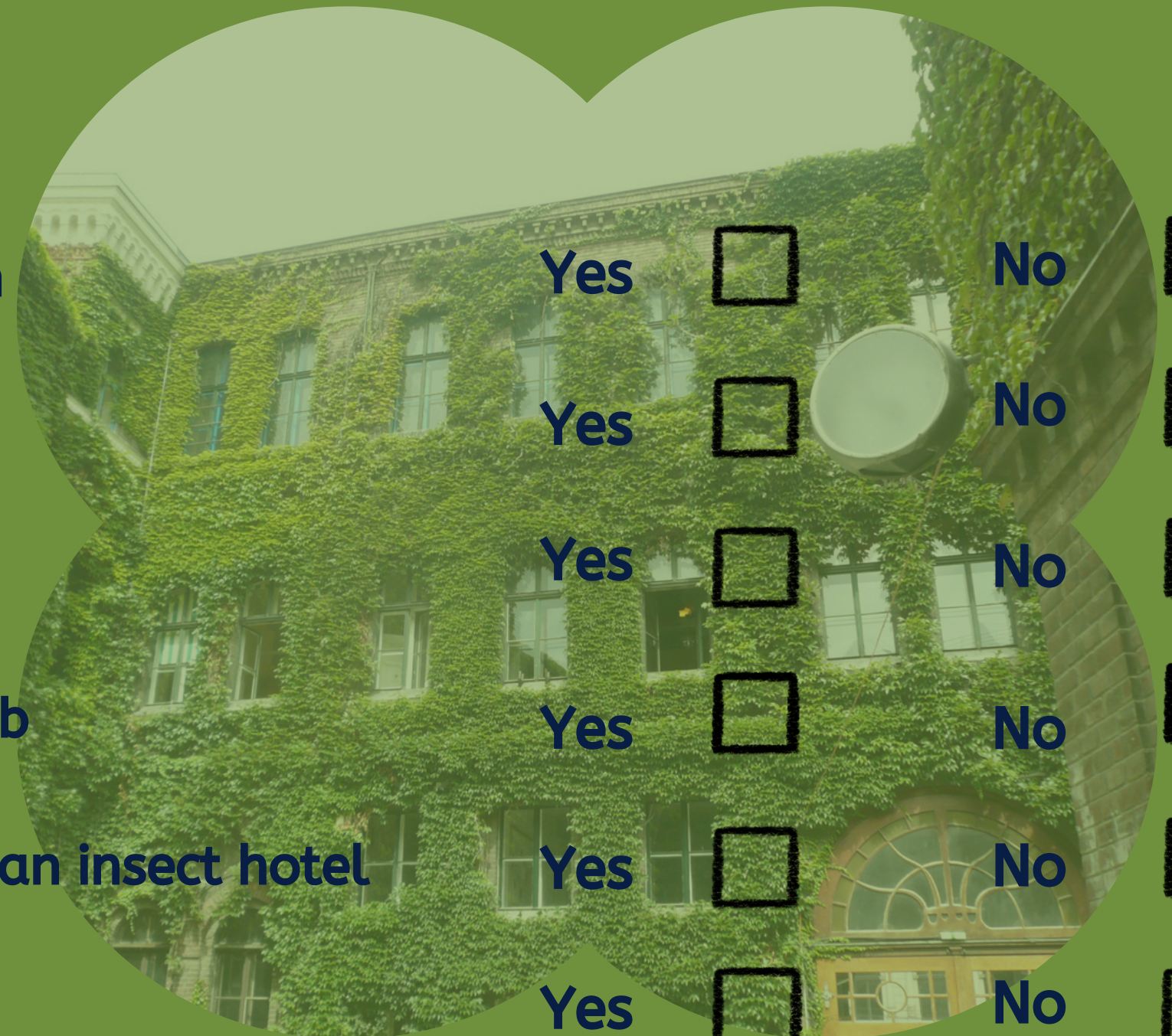
No

 Do you compost your organic waste

Yes

No

Having some NO-s? Don't worry, improve your environment - see linked videos in previous pages for tips.



CHECKLIST

Check if you have everything to do/create a balcony garden

- ✓ Gloves
- ✓ Small spade
- ✓ Pots
- ✓ Soil
- ✓ Seeds/plants
- ✓ Watering can

That's all, let's start!



GreenScape CE



LET'S GO GREEN TOGETHER!



<https://www.interreg-central.eu/projects/greenscape-ce/>



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